MY GOALS & ME

SHORT-TERM GOAL 1

I WILL ACCOMPLISH THIS WEEK:

MY SPECIFIC PLAN:

LONG-TERM GOAL 1

A DREAM FOR THE FUTURE:

WHY IT MATTERS TO ME:

MY SELF-PORTRAIT

SHORT-TERM GOAL 2

A NEW THING I WANT TO TRY:

ACTION STEPS:

LONG-TERM GOAL 2

A BIG CHALLENGE I WILL OVERCOME:

MY MOTIVATION:

SHORT-TERM GOAL 3

SOMETHING I WANT TO PRACTICE:

HOW I WILL DO IT:

LONG-TERM GOAL 3

A SKILL I WANT TO MASTER:

HOW I WILL START:

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